

REACH
DRUG AND ALCOHOL SERVICES

Weymouth Coffee Tavern, 24 High
West St, Weymouth, DT4 8JH



**Welcome to the new home of
Reach Drug & Alcohol Services**

Introduction

Beth Davies - EDP Head of Service and Development for Dorset

“Reach is very excited to be able to open the doors to our new community hub in Weymouth. Our highly skilled and passionate REACH staff will be able to work to their optimum in a centre that gives them and our service users the safest and welcoming environment they deserve. The team and our service users have worked so flexibly to deliver and access treatment effectively through very challenging times - I know they will be celebrating the opening and inviting our neighbours to meet the local team virtually in the first instance!”

Will Haydock - Senior Health Programme Advisor, Public Health Dorset

“REACH is an invaluable service for Weymouth and across Dorset. We know that the support they offer helps improve people’s quality of life – not just for their clients but their families and the wider community. One aspect of the service we’ve been keen to improve was the premises, and EDP have done great work to ensure that Weymouth residents can now access the 21st century service they deserve.”

Michael Graham - CEO The Lantern Trust

“We have enjoyed our time working so closely with EDP at The Lantern, with such a good synergy between our organisations. However, we are so pleased that they have found a new home and we will continue to run clinics from both our sites as fits the needs of the people we serve in Weymouth.”

Cllr Gill Taylor - Councillor for Westham Ward, Dorset Council

“Reach have done excellent work for our community over the years in supporting local residents in need. They are well respected for the work they have done addressing challenging issues in society with professionalism and compassion. The opening of this new hub in Weymouth will be an asset to the local community and the wider Dorset and I look forward to their opening.”



Our Approach

Reach is a free, friendly and confidential drug and alcohol recovery service for people in Dorset.

Our values are important to us

Belief – We believe people can make it

- We firmly believe in everyone's potential.
- We know that people can and do make remarkable changes.

Respect – How we work is as important as what we do

- We will treat everyone respectfully – whether they use our services, work for us or work with us.
- We are creative, curious and flexible

Partners – We do it together

- We see partnerships as the key to better futures for people affected by substance misuse.
- We develop strong and meaningful partnerships with people who use our services, staff, other agencies, our funders, research bodies and our communities.
- We will ensure that our services are accessible to all.

Ambition – We focus on recovery and outcomes

- We want a world where people are no longer blamed for their substance misuse, no longer socially excluded and are given support to take ownership of and rebuild their lives.
- We will call for more understanding, more compassion and more resources to make this happen.
- We will support staff and service users to keep learning and to set and achieve ambitious targets.

0800 043 4656

How we can help you

'REACH has saved my life. Since the start of the pandemic, they have continued to support me using 'Zoom' groups, which has helped me to not feel isolated. I look forward to seeing everyone face to face in the future'

If you consider that you have a problem or want information about alcohol or drugs we can help.

For you

We'll help you cut down or stop your drug and alcohol use. We talk to you as a person and help you build on your strengths and work towards your goals and ambitions.

We know that making contact can be nerve-wracking and we will aim to put you at ease. We have experienced people who won't judge you, are ready to talk and help you to get your life back to the way you want it. We also have medical staff who work with us to make sure you're kept safe. For those that want it, and during COVID restrictions, we offer digital one to ones and groups to enable a blended approach to treatment so that you can carry on with your daily life whilst making positive steps forward.

- You'll get your own worker who will support you throughout your treatment.
- Our offer of group workshops ranges from structured treatment programmes over a set amount of weeks, to art and leisure groups where service users can spend time outside of their usual environment. Please see our timetable <https://www.edp.org.uk/reach/>
- We offer hybrid groups where you can attend in person (if it is safe to do so and when COVID restrictions are not operating) or remotely, so that we are as inclusive as possible.

You can call us to find out what support is available to you on: **0800 043 4656**



How we can help a loved one

If you consider that a loved one has a problem or wants information about alcohol or drugs we can help.



For a loved one and family member

We support those concerned about someone else's alcohol or substance use.

REACH have Specialist Family Workers who help people affected by a family member's substance misuse.

Family work is primarily children-focused and we are able to explore funding opportunities for families that may need additional support to rebuild relationships.

Adult family members can access specialist support in the form of one-to-one meetings and group workshops.

If you would like to refer someone to Reach you can do this at <https://pds.drugreferrals.com>

You can call us to find out what support is available to you on:
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What we offer

REACH is a low threshold, direct access service designed to meet the needs of all adults and families who want to know more about their own alcohol or substance use or that of a loved one. There is no waiting time for receiving the advice and information you are seeking, or signposting to other services that will better fit what you need now.

Here is a short breakdown of the other support you can expect from REACH:

- Individual advice and information
- Family support
- Brief Interventions (3-6 weeks)
- Extended Interventions (6-12 weeks)
- Structured Treatment (individual and group programmes of 12 weeks plus)
- Medically Assisted Treatment (substitute prescribing and alcohol detoxification)
- Assessment Programmes for Residential Rehabilitation
- Harm Reduction and Education
- Recovery Mode (aftercare of 6- 12 weeks)
- Peer Support (recovery buddying)
- Links to Mutual Aid (SMART & 12 Step)
- Sign-posting to Counselling and other therapies
- Peer Mentor and Volunteer Programmes
- Remote support via digital one to ones and group work

0800 043 4656

Getting to the Weymouth Coffee Tavern, Weymouth

Walking to Weymouth Coffee Tavern

The Weymouth Coffee Tavern can be found between the former Council Offices on North Quay and the Boot Inn at the end of New Road. It can also be approached via the steps leading down from the end of Chapelhay Street behind the old town hall. It is a one minute walk from Asda in the direction of Nothe Fort.

Getting here by bus

The closest bus stops to Weymouth Coffee Tavern are:

- North Quay
- Magistrates Court

Useful bus routes

- 10 (Poundbury - Dorchester - Weymouth)
- X12 (Blandford - Dorchester - Weymouth)
- X54 (Poole - Weymouth)

Getting here by car

From Dorchester

- Follow B3147 to Westway Rd/A354
- A354 to N Quay in Weymouth
- Turn left onto N Quay
- Weymouth Coffee Tavern is located at the side of the car park

Getting here by train

From the main line train station at Weymouth, the Weymouth Coffee Tavern is a 14 minute walk



From Wareham

- Follow the A352 from Wareham to Weymouth
- At Warmwell Roundabout, take the A353
- At Preston, follow on to B3155.
- Turn left onto Westway Road / A354
- Turn left onto N Quay
- Weymouth Coffee Tavern is located at the side of the car park

We're looking forward to welcoming you

Our friendly staff are here to help. Our services are free and you will be treated with respect and care. We advise that you call in advance of your visit to ensure that you get the most responsive and best treatment for you and your individual needs.

The everyday impact of Reach services

Last year in Reach we:

- supported an average of nine people every day across the service
- helped 237 families to get their lives back on track
- had two people every single day leaving our care and treatment as positive closures

Did you know...?

- High West Street, the street on which we are located, used to be the town's main High Street?
- The Weymouth Coffee Tavern was first used as a Coffee Tavern in 1879
- During 1960's the building was used as a beer store

As the Weymouth Coffee Tavern was actually the very first coffee tavern in Dorset, we have committed to installing a 'real coffee' area for our visitors and occasional evening social networking events for our local community.

www.edp.org.uk/reach
Charity Number: 297370



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